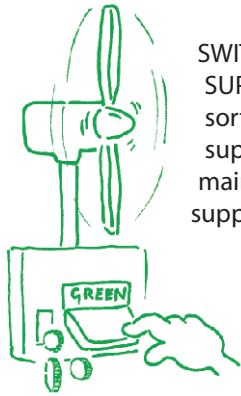


TEN EASY STEPS TO MAKE A GREEN DIFFERENCE.....

If you **SHOP LOCALLY** & **WATCH OUT FOR LOCAL PRODUCTS** – you'll reduce food miles, personal car miles – and you will be doing your bit to **SUPPORT THE LOCAL ECONOMY**.



AVOID PRODUCTS WITH EXCESS PACKAGING – it adds on average £470 per household per year and leaves YOU with a mountain of useless cardboard and plastic. (If you're brave enough you could leave surplus packaging at the checkout!) And don't forget to **TAKE YOUR OWN RE-USABLE BAGS** whenever you go shopping.



SWITCH TO A GREEN ENERGY SUPPLIER.... one phone call sorts it out & some green suppliers are now as cheap as mainstream power suppliers.



You will save even more if you **PUT ON A JUMPER** and **TURN DOWN THE HEATING**. Only switch on when you really need the heat and don't heat up an empty house.



3 ENERGY SAVING LIGHT BULBS IN YOUR MOST-USED LIGHTS WILL SAVE YOU NEARLY £30 A YEAR. And while you're at it, **UNPLUG ALL THE CHARGERS & STANDBY SWITCHES** IN YOUR HOUSE. They're all leaching power out of the grid & adding £ to your bill.

RE-DISCOVER TRAVELLING BY RAIL, BUS & BOAT & let the journey become part of the holiday (a lot more fun than camping in the airport lounge...)

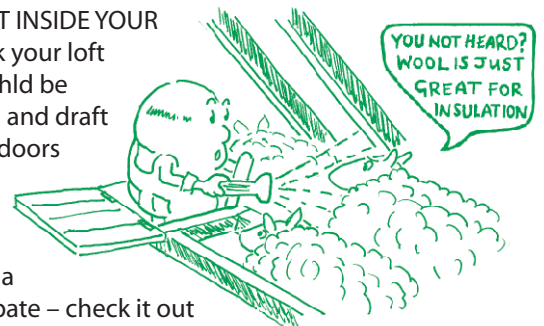


COMPOST VEG AND GARDEN WASTE. Or be adventurous – **INVEST IN A WORMERY** to deal with **all** your food waste. Fisheads, spaghetti, the whole grisly mess will be kept out of landfill and quickly transformed into a rich addition to your garden soil.

THINK BEFORE YOU DRIVE. Could you do it by walking or talking on the phone? Could you **SHARE A CAR JOURNEY**? Could you **USE THE BUS ???** (More frequent and convenient than you might expect.)



KEEP THE HEAT INSIDE YOUR HOUSE. Check your loft insulation (it shld be 20cm/8" deep) and draft proof all your doors and windows. Some insulation measures win a council tax rebate – check it out on 0845 971 7731. Advice on eligibility for other grants from Sandra at Babergh District Council on 01473 825889



FIND NEW HOMES FOR UNWANTED CLOTHES AND HOUSEHOLD GOODS which are cluttering up your home via local re-cycling schemes, charity shops or suffolkfreecycleuk@yahoo.com

Most of these changes are cheap and simple. Some will increase the comfort of your home; others will save you money. Our individual efforts may not save the world, but if enough of us make changes..... who knows what a difference we can make. For more information on these ideas please contact Penny on 01206 263092 or Carol on 01206 263670 (cls.dev@lineone.net.)

